CAFÉ DES AMIS VEGAN MENU

Starters

Vegan Nachos: freshly cooked crispy tortilla chips with refried beans, salsa, spring onions, guacamole and jalapenos.

Small £8.75 Large £12.75

Vegan Tostada Starter: Roast marinated peppers, guacamole, chilpotle salsa, salad and cherry tomato salsa on a crisp corn tortilla £9.25

Lunch Specials: Served Noon - 5pm

Vegan Salad des Amis: Avocado, salsa, croutons, leaves, with roasted marinated peppers £13.75

Mains

Roast Vegetable Tostada: Mediterranean vegetables roasted in olive oil, refried beans, guacamole, chilpotle salsa, crisp corn tortillas, Chilpotle tomato sauce. £15.75

Chilpotle Aubergine and Mushroom Burrito: served with black beans, rice, salsa, salad, guacamole. £13.75

Roast Vegetable Burrito: Mediterranean vegetables, with refried beans, rice, salsa, salad, guacamole. £13.75

Fajitas: Available for one more people. Roll your own tacos with soft wheat tortillas, salsa, guacamole, salad, black beans, jalapenos, chilpotle salsa, mango salsa and one of the following sizzling dishes:

Flat Mushrooms Pan fried garlic and chilli olive oil £28.50 for 2

Mediterranean Vegetables Roasted in olive oil £29.50 for 2

Salsas: A great way to compliment your meal. How hot do you dare to go!

Guacamole (mild) £2.75 Mango Salsa (mild) £2.50

Cherry Tomato Salsa (med) £1.50 Pickled Jalapeno Chillies (med hot) £1.50

Tomatillo Salsa (med hot) £1.75 Salsa Chilpotle (med hot) £1.75 Pineapple Habanero Salsa (hot) £2.50 Salsa Picante (hot) £1.75

Whole Pickled Habanero Chilli (phenomenally hot) £1.50

Desserts:

Homemade Mango and Lime Sorbet £7.25 Taywell Vegan Vanilla Ice Cream £7.25 Add hot chocolate sauce £1.00

Vegan Banana Split: Chocolate coconut sauce, toasted almonds, vegan ice cream £7.25

Please inform your waiter of any other dietary requirements or allergies when ordering.

Café des Amis DAIRY FREE Menu

<u>S</u>	TARTERS								
Hot Goat's Cheese* tostada		9.25							
With roast marinated peppers, guacamole, salad and *contains goats cheese	d salsa on a crisp corn fortilla.								
Nachos (no cheese)	Small 8.75								
Large 12.75 Add - spicy pork picadillo	3.25	5.25							
pasilla beef	3.25	5.25							
refried beans	2.25	5.25							
Tortilla chips with salsa, spring onions, guacamole a	nd jalapenos.								
Antojitos for two		18.50							
Mixed starters including courgette feta fritters*, ce	viche, guacamole, duck tacos, pickles and bro	eads.							
*contains feta.									
Duck Picadillo Taquitos		9.75							
Fruity, spiced duck confit in crisp corn tortillas serve	d with mango salsa and rocket.	3.70							
		9.75							
Crispy Calamari Sweet chilli prawn salsa, carrot salad and mango dressing.									
Sweet chilli prawn saisa, carrot salad and mango die	essing.								
Trio of Ceviches		10.75							
Hawaiian style fresh tuna poké.									
Smoked haddock, coriander aioli, radish, pickled oni Scottish salmon with cherry tomato salsa.	ons.								
Scottish sumon with enerry tomato suisa.									
Pork Belly Tacos		9.75							
Soft corn tortillas, guacamole, cabbage, coriander aio	li, BBQ sauce, pickled red onions, pumpkin se	eds							
Gambas al Mojo de Ajo		12.25							
King prawns, pan fried in garlic & olive oil. Served w	ith bread.								
LUNG	CH SPECIALS								
Served	d Noon - 5pm								
Hot chicken salad		13.75							
Marinated chicken breast strips, salad leaves, vinaig	rette & mango salsa.								
Salad des Amis		13.75							
Avocado, tomato salsa, croutons and salad leaves w	ith either roast marinated peppers or smoke								
Crispy Duck Salad	racsing	13.75							
Bacon, pine nuts, croutons, salad leaves & mango di	coonig.								
Chicken Caesar Salad		13.75							
Pan fried chicken, avocado, cherry tomato salsa, cro	utons & crisp sweet romaine lettuce.								

Crisp Corn Tortillas topped with black beans, fried free range eggs, chilpotle tomato sauce and guacamole.

9.75

Huevos Rancheros. (add Bacon or Chorizo + 3)

MAINS

Spicy Pulled Pork Enchilladas 14.75 Molé sauce* - 3 different chillies, tomatoes, spices, fruit & a hint of dark chocolate), rice, beans, salad and

guacamole. *contains nuts

Pan Fried Chicken Burrito 14.75

Rice, re fried beans, feta*, smoked chilli aioli and tomato salsa. Served with guacamole & salad *contains feta

Pasilla Chilli Beef Burrito 15.75

Rice, feta* and chipotle salsa. Served with guacamole, salad and black beans *contains feta

Yucatan Pork Belly Burrito 15.75

Pineapple habanero salsa, refried beans and feta*. Served with guacamole, salad & rice. *contains feta

Seafood Burrito 16.79

Deep fried prawns, smoked haddock, squid coriander aioli, refried beans, **feta*** and tomato salsa. Served with guacamole, salad & rice. *contains feta

Chilpotle Aubergine and Mushroom Burrito

13.75

Rice, chipotle salsa, Served with guacamole, salad & black beans.

Roast Vegetable Tostada 15.75

Mediterranean vegetables roasted in olive oil, refried beans, **feta***, chipotle salsa, crisp corn tortillas and a spicy tomato sauce. *contains feta

Duck Breast with Molé Sauce 20.50

Mango salsa and rice, Molé is a rich, complex sauce made from 3 different chillies, tomatoes, spices, fruit, nuts & a hint of dark chocolate. (contains nuts)

Citrus and Corriander Lamb Stew

20.00

Yucatan style lamb, slow cooked with achiote, garlice, orange and lime juice. Served with rice, salad and pineapple salsa.

Chimayo rubbed Ribeye Steak (250g)

29.75

Rice, watercress, guacamole, crispy onions and chipotle salsa.

Salmon Vatapa 19.75

Grilled salmon with Brazilian vatapa sauce, made with shrimp, habanero, coconut milk, ginger & nuts. Served with rice, courgette & mango salsa.

Paella for two 38.00

Chicken, king prawns, calamari, mussels and pork chorizo cooked in spicy saffron rice.

FAJITAS

Roll your own tacos with flour tortillas, tomato salsa, guacamole, salad, mango salsa, chipotle salsa, black beans, jalapenos and one of the following sizzling dishes: Designed for sharing!

Pan Fried Chicken Breast 36.00

Marinated in garlic lime and oregano.

Seared Ribeye Steak 49.75

Yucatan Pork Belly	38.00
Orange, garlic and habanero glaze. Chimayo spiced crackling.	
Crispy Duck Confit	39.75
Orange, soy, rosemary and honey glaze.	
Pulled Lamb Shoulder	39.75
Slow cooked in beer, tomatillo salsa.	
Flat Mushrooms	28.50
Pan fried in olive oil, garlic, wine and herbs.	
Roast Mediterranean Vegetables	29.50
Tomatillo salsa	
SALSAS	
A great way to compliment your meal. How hot do you dare to go!	
Guacamole (mild)	2.75
Mango Salsa (mild)	2.50
Cherry Tomato Salsa (med hot)	1.50
Pickled Jalapeño (med hot)	1.00
Tomatillo Salsa (med hot)	1.75
Salsa Chipotle (med hot)	1.75
Salsa Piccante (hot)	1.75
Single Habanero (phenomenally hot)	1.50
CHILDREN'S DISHES	
Bean Quesadilla (ask no cheese)	5.25
Chicken, Rice & Beans	6.25
<u>DESSERTS</u>	
Homemade Mango and Lime Sorbet	7.25
Vegan Vanilla Ice Cream (+1 for Hot Chocolate Sauce)	7.25
Vegan Banana Split	7.25
Chocolate coconut sauce, toasted almonds, vegan ice cream	

Our dairy free options are prepared fresh to order.

Please inform your waiter of your requirements and of any other allergies or intolerances when ordering.

Café des Amis GLUTEN FREE Menu

STARTERS

	at's Cheese Tostada ast marinated peppers, guacamole, salad and salsa on	a crisp	corn tortilla.		9.25
Nachos Add - Tortilla	spicy pork picadillo pasilla beef refried beans chips with melted vintage farmhouse cheddar, salsa, s	Small	8.75 3.25 3.25 2.25 nions, sour cream	Large and jalap	12.75 5.25 5.25 3.25 enos.
	e lly Tacos n tortillas, guacamole, cabbage, coriander aioli, BBQ sa	uce, pick	led red onions, pu	mpkin se	9.75 eds
King pra	s al Mojo de Ajo awns, pan fried in garlic & ancho chilli butter. no bread.				12.25
Hawaiia	Ceviches an style fresh tuna poké. Smoked haddock, coriander a tomato salsa.	iioli, radi	ish, pickled onions	s. Scottis	10.75 h salmon with
	LUNCH SPECIA Served Noon - 5				
Avocad	es Amis o, salsa, croutons, salad leaves with either roast marin no croutons.	ated pe	ppers or smoked b	oacon.	13.75
Bacon,	Duck Salad pine nuts, croutons, salad leaves, mango dressing. no croutons.				13.75
Crisp Co	s Rancheros. (add Bacon or Chorizo + 3) orn Tortillas topped with black beans, fried free range nole and cheese	eggs, ch	ilpotle tomato sau	ıce,	9.75
	CHILDREN'S DIS	<u>HES</u>			

4.25

Tortilla Chips & Melted Cheese

MAINS

Roast Vegetable Tostada 15.75 Mediterranean vegetables roasted in olive oil, refried beans, feta, pesto, chipotle salsa, crisp corn tortillas, smoked chilli tomato sauce. **Citrus & Coriander Lamb Stew** 20.00 Yucatan style lamb, slow cooked with achiote, garlic, orange and lime juice. Served with rice, salad, pineapple salsa **Chimayo rubbed Ribeye Steak** 29.75 250g Steak, parmesan mash, red wine ancho jus, watercress, guacamole, crispy onions, chipotle salsa Paella for two 38.00 King prawns, calamari, mussels and pork chorizo cooked in spicy saffron rice. Ask for no chicken. **FAJITAS** Roll your own tacos with corn tortillas, salsa, sour cream, cheese, guacamole, salad, black beans, jalapenos and one of the following sizzling dishes: Designed for sharing! 49.75 **Seared Ribeye Steak** Smoked chilli butter. **Crispy Duck Confit** 39.75 Orange, soy, rosemary and honey glaze. **Yucatan Pork Belly** 38.00 Orange, garlic and habanero glaze. Chimayo spiced crackling. 28.50 Flat Mushrooms Pan fried in a garlic and ancho chilli butter. 29.50 **Roast Mediterranean Vegetables** Tomatillo salsa **DESSERTS Chocolate Fundido for two** 14.50 Rich rum chocolate fondue with fresh seasonal fruit, cream and churros. Ask for no churros. **Homemade Tropical Fruit Sorbet** 7.25 Vegan Banana Split 7.25 Chocolate coconut sauce, toasted almonds, vegan ice cream **Taywell Ice Cream - various** 7.25 With hot chocolate sauce + £1 Ask for no biscuits. **BEER** 5.50

Daura Damm Gluten Free

Our gluten free options are prepared fresh to order. Please inform your waiter of your requirements and of any other allergies or intolerances when ordering.

Café des Amis NUT FREE Menu

STARTERS

Hot Goat's Cheese Tostada With roast marinated peppers, guacamole, salad and salsa	a on a crisp c	corn tortilla.		9.25
Antojitos for two Mixed starters including meatballs in chipotle sauce, gruye guacamole, duck tacos, pickles and bread.	ère cheese f	ondue, courgett	te feta fritto	18.50 ers, ceviche,
Nachos Add - spicy pork picadillo pasilla beef refried beans Tortilla chips with melted vintage farmhouse cheddar, sals	Small	8.75 3.25 3.25 2.25 ions, sour crear	Large m and jalap	12.75 5.25 5.25 3.25 eños.
Trio of Ceviches Hawaiian style fresh tuna poké. Smoked haddock, coriand cherry tomato salsa.	er aioli, radi	sh, pickled onio	ns. Scottish	10.75 salmon with
Crispy Calamari Sweet chilli prawn salsa, carrot salad, mango dressing.				9.75
Duck Picadillo Tacos Fruity, spiced duck confit in crisp corn tortillas, mango sals	sa, rocket. (A	Ask for no pine r	nutes).	9.75
Pork Belly Tacos Soft corn tortillas, guacamole, cabbage, coriander aioli, BBC) sauce, pickl	led red onions, p	oumpkin se	9.75 eds
Gambas al Mojo de Ajo King prawns, pan fried in garlic & ancho chilli butter. Serve	ed with brea	d.		12.25
LUNCH SPI Served 12p				
Hot Chicken Salad Marinated chicken breast strips, salad leaves, vinaigrette,	mango salsa	a.		13.75
Salad des Amis Avocado, salsa, croutons, salad leaves with either roast m	arinated per	opers or smoked	d bacon.	13.75
Crispy Duck Salad Bacon, duck pâté, croutons, salad leaves and mango dress	sing.			13.75
Chicken Caesar Salad Pan fried chicken, avocado, cherry tomato salsa, parmesa	n and croutc	ons.		13.75
Huevos Rancheros Add Bacon or chorizo + 3.00 Crisp corn tortillas topped with black beans, fried eggs, ch	ilpotle toma	to sauce, guaca	mole and c	9.75 heese

FAJITAS

Roll your own tacos with soft wheat tortillas, salsa, sour cream, cheese, guacamole, salad, black beans, jalapeños and one of the following sizzling dishes: Designed for sharing!

Pan Fried Chicken Breast Marinated in garlic lime and oregano.	FOR TWO 36.00
Seared Ribeye Steak (450g) Smoked chilli butter.	49.75
Yucatan Pork Belly Orange, garlic and habanero glaze. Chimayo spiced crackling.	38.00
Crispy Duck Confit Orange, soy, rosemary and honey glaze.	39.75
Pulled Lamb Shoulder Slow cooked in beer, tomatillo salsa.	39.75
Flat Mushrooms Pan fried in a garlic and ancho chilli butter.	28.50
Roast Mediterranean Vegetables Tomatillo salsa	29.50
<u>MAINS</u>	
Spicy Pulled Pork Enchilladas Rice, black beans, salad and guacamole. Spicy tomato sauce instead of mole.	14.75
Pan Fried Chicken Burrito Refried beans, feta, smoked chilli aioli and tomato salsa. Served with guacamole, salad & rice.	14.75
Pasilla Chilli Beef Burrito Rice, feta, chipotle salsa. Served with guacamole, salad, black beans.	15.75
Yucatan Pork Belly Burrito Pineapple habanero salsa, refried beans and cheese. Served with guacamole, salad & rice.	15.75
Seafood Burrito Deep fried prawns, smoked haddock & squid coriander aioli, refried beans, feta, tomato salsa. guacamole, salad & rice.	16.75 Served with
Chipotle Aubergine, Mushrooms Burrito Cheddar, rice. Served with guacamole, salad, beans.	13.75
Spinach, Leek & Mozzarella Tacos Chipotle tomato sauce. Served with black beans, rice, salad and guacamole.	13.75
Roast Vegetable Tostada Mediterranean vegetables roasted in olive oil, refried beans, feta, chipotle salsa, crisp corn torchilli tomato sauce. Request no pesto.	15.75 tillas, smoked

Citrus & Coriander Lamb Stew Yucatan style lamb, slow cooked with achiote, garlic, orange and lime juice. Served with rice, sal salsa	20.00 ad, pineapple
Duck Breast with Molé Sauce Mango salsa, parmesan mashed potato Ask for no mole sauce.	20.00
Chimayo rubbed Ribeye Steak (250g) Parmesan mashed potato, red wine ancho jus, watercress, guacamole, crispy onions, chipotle sa	29.75 Ilsa. (d)
Paella for two Chicken, king prawns, calamari, mussels and pork chorizo cooked in spicy saffron rice.	38.00
CHILDRENS DISHES	
Tortilla Chips & Melted Cheese Cheese Quesadilla, beans and rice Chicken, Rice & Beans Chicken or Roast Veg Burrito, refried beans sour cream and cheese in a wheat tortilla	4.25 6.25 6.25 6.25
SALSAS A great way to compliment your meal. How hot do you dare to go!	
Guacamole (mild) Mango Salsa (mild) Cherry Tomato Salsa (med hot) Pickled Jalapeño (med hot) Tomatillo Salsa (med hot) Salsa Chipotle (med hot) Salsa Piccante (hot) Single Habanero (phenomenally hot)	2.75 2.50 1.50 1.50 1.75 1.75 1.75
<u>DESSERTS</u>	
Mango and Shortbread Cheesecake With strawberry compote.	7.25
Churros*	7.25

Rum chocolate fondue with strawberries, pear, orange, kiwi and banana. Served with whipped cream and

churros.*. *may contain traces of nuts

Chocolate Fundido for two

Served with hot chocolate sauce. *may contain traces of nuts

14.50

Various flavours Hot chocolate sauce + £1	
Vegan Banana Split	7.25
Chocolate coconut sauce, vegan ice cream – please ask for no almonds	

7.25

Taywell Ice Cream

Our nut free options are prepared fresh to order. Please inform your waiter of your requirements and of any other allergies or intolerances when ordering.

ITEM	Peanuts	Milk	Nuts	Soya	Mustard	Lupin	Eggs	Fish	Gluten	Sesame	Celery	Mollusks	Shellfish	Sulphur
				Legumes					(Wheat)				Crustac.	Dioxide
All Wines														Х
Goat's Cheese Tostada		goat's												
Antojitos		Х			Х		Х	Х	Х					
Nachos		Х												
Nachos Picadillo / Pasilla Beef		Х												
Ceviche				Х			Х	Х		Х				
Calamari Chips									Х			Х	Х	
Duck Picadillo Tacos									x (fryer)					
Gambas al Mojo de Ajo		Х							bread			Х	Х	Х
Pork Belly Tacos														Х
Hot Chicken Salad				Х	dressing				Х					
Salad des Amis					dressing				croutons					
Crispy Duck Salad			seeds						croutons	Х				
Caesar Salad		Х		Х	dressing		Х	Х	Х					
Huevos Rancheros		Х					Х							
ITEM	Peanuts	Milk	Nuts	Soya	Mustard	Lupin	Eggs	Fish	Gluten	Sesame	Celery	Mollusks	Shellfish	Sulphur
				Legumes					(Wheat)					Dioxide
Pork Enchilladas	Х				dressing				Х	Х	Х			
Chicken Burrito		Х		Х	dressing				Х					
Beef Burrito		Х			dressing				Х					
Pork Burrito		Х			dressing				Х					
Fish Burrito		Х			dressing		Х	Х	Х				Х	
Aubergine Burrito		Х			dressing				Х					
Spinach Tacos		Х			dressing				Х					
Citrus Lamb Stew														

Roast Vegetable Tostada		Х	Pine											
Mussels Acapulqueno		Х							bread			х		Х
Pollo Verde		Х	Х	х	dressing				Х		Х			Х
Duck Breast with Mole Sauce	Х	Х							х	Х	Х			
Chimayo Steak		Х								Х	Х			
Paella		Х		х					Х		Х	Х	Х	Х
Salmon Vatapa	х		Х					Х	х		Х		Х	
Chicken Fajitas		Х		х	dressing				х					
Pork Fajitas		Х			dressing				Х					
Steak Fajitas		Х			dressing				Х					Х
Duck Confit Fajitas		Х		х	dressing				Х					Х
Lamb Fajitas		Х			dressing				Х					Х
Flat Mushroom Fajitas		Х			dressing				Х					Х
Roast Veg Fajitas		Х			dressing				х			х	Х	
Childrens' Chips and Cheese		Х		<u> </u>										
Childrens' Bean Cheese Quesadilla		Х							Х					
Childrens' Chick Rice Beans / Mash		(x)		Х					Х					
Childrens Burrito		Х							Х					
ITEM	Peanuts	Milk	Nuts	Soya	Mustard	Lupin	Eggs	Fish	Gluten	Sesame	Celery	Mollusks	Shellfish	Sulphur
				Legumes					(Wheat)					Dioxide
Fundido		х					Х		х					
Fundido Mango Cheesecake		X X					Х		x x					
Fundido Mango Cheesecake Churros							X							
Mango Cheesecake		х	X						х					
Mango Cheesecake Churros		X X	x				Х		х					
Mango Cheesecake Churros Torta de Chocolate		X X	x (x)				Х		x x					